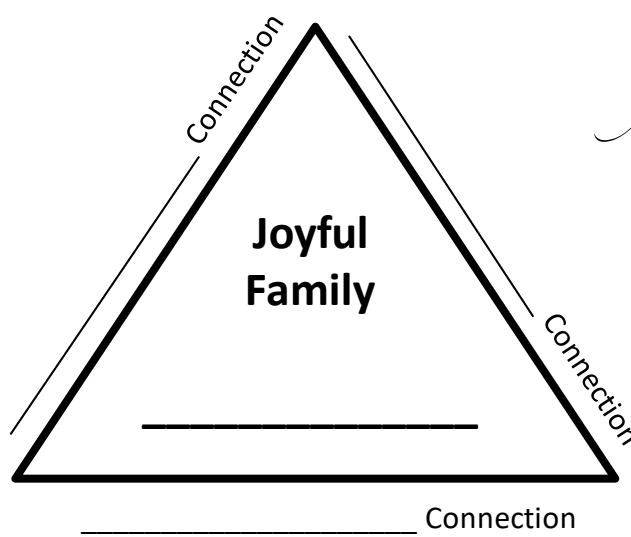


BETTER FAMILIES

3 Universal Practices



Emotional Connection	Social Connection	Spiritual Connection
1. _____ and _____ each family member.	1. Have _____ fun family _____	1. Have _____ family _____
2. Be _____ and _____	2. Plan _____ family _____ (or staycations)	2. _____ God's _____ through nature, books, audio, movies, etc. with your children/spouse.
3. _____ on projects/problems together (offer/receive forgiveness)	3. Have _____ with each member of the family.	3. _____ together to those in need. (mission trips, reaching out to others, etc.)
4. _____ each other's _____	4. Build family _____	4. _____ church regularly as a family. (sit together)
5. Give _____ physical _____	5. Know and embrace your children/spouse close _____	5. Volunteer regularly to _____ at the church.
Disconnected 1 2 3 4 5 Connected	Disconnected 1 2 3 4 5 Connected	Disconnected 1 2 3 4 5 Connected